



October 13, 2005 NOV 22 P2:23

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Office of Nutritional Products Labeling and Dietary Supplements  
Division of Compliance and Enforcement  
Dietary Supplements Branch (HFS-810)  
Food and Drug Administration  
200 "C" St. S.W.  
Washington, D.C. 20204

To Whom It May Concern:

Nature's Way Products, Inc. wishes to notify the Food and Drug Administration that it has commenced marketing a dietary supplement which bears a statement under Section 403(r)(6) of the Federal Food, Drug and Cosmetic Act.

The dietary supplement for which the statement is made is Super Lignan. The dietary ingredients that are the subject of the statement are Flax Lignan Extract and Vitamin D. The statement reads as follows:

"Estrogen Balance. Breast Health. Menopause & Menstrual Cycle Support. Promotes estrogen balance and helps the body metabolize more healthy forms of estrogen. Supports breast health during the menopausal phases of life. EfaGold® Super Lignan is an ideal supplement for supporting breast health during the menopausal phases of life. Promotes healthy breast tissue. It also helps alleviate breast tenderness and pain associated with the menstrual cycle. Lignans promote estrogen balance. One of the ways they work is helping the body metabolize more healthy forms of estrogen. EfaGold® Super Lignan provides Vitamin D to support healthy bones."

This statement is accompanied by the required disclaimer which is prominently displayed in bold-faced type.

The information contained in this notice is complete and accurate and the above statement is based on data which renders these statements substantiated, truthful and non-misleading.

Sincerely,

NATURE'S WAY PRODUCTS, INC.

Gordon M. Walker  
General Counsel

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Regulatory\STRUCTURE-FUNCTION\NW - Notices\Super Lignan

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